



**Improved Career Decision Making, T&L 900**  
**February 15-16, 2012**  
**BSC Student Union, Prairie Room**  
**Bismarck**

**Class Description:**

This workshop will teach you to find, navigate and use the latest labor market information, get up-to-date on the most current counseling theories and practices and introduce you to the wide variety of resources that are at your fingertips yet sometimes hard to find! This two-day, 15-hour workshop will better prepare you to help individuals make an appropriate current career choice, and learn improved problem-solving and decision-making skills that will be needed for future choices.

**Goals:**

- Define terms related to career development and labor market information
- Differentiate between career, occupation, job, skill, and work
- Compare various theories of career development
- Review the role of assessment in career planning
- Examine the programs that gather the basic labor market and educational data
- Demonstrate how to locate and use the resources that distribute the labor market information
- Develop an understanding of how this data/information is used by consumers for career planning
- Define industry trends in the region and state

**Course Requirements: S/U Grading**

- Attend entire two-day workshop - 15 hours required for credit and must register online for credit with UND by February 23, 2012, at <http://educators.und.edu/workshop/?id=imprvd.career.dec.makg>
- Participate in class discussions and activities.
- Complete course evaluation\* online.
- Complete Reflection and Implementation Activity\* online that includes the local plan by March 1, 2012. No assignments will be accepted after this date.

\*Visit the NDCRN website at [www.nd.gov/cte/crn/workshops.html](http://www.nd.gov/cte/crn/workshops.html) for links to the Evaluation and Reflection and Implementation Activity.

**Instructor of Record:**

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ND Career Resource Network (NDCRN)  
Dept of Career & Technical Ed (CTE)  
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Bismarck, ND 58505  
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**Class Facilitators:**

Kelly Pierce, Career Development Counselor and Career Advisor Supervisor, CTE  
Karen Meixner, Research Analyst, Job Service North Dakota  
Donna Fricke, SW Career Resource Coordinator, BSC, CTE  
Jennie Granrud, NW Career Resource Coordinator, WSC, CTE  
Judy Barstad, NE Career Resource Coordinator, LRSC, CTE  
1SG Rashad Schaffner, West NCOIC (Bismarck)



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**Agenda**

**Day 1**

7:30 Registration & Continental Breakfast

8:00 Opening Remarks  
Introduction of Presenters and Participants  
Review of ICDM Pocket Folders  
Credit Instructions  
Goals of ICDM

Introduction to Career Planning  
Terms related to career development

Define terms related to LMI  
Demographic trends that impact career decision making  
Identifying, accessing and using career and LMI  
*Case Study*

Implications Wheel Activity

11:45 Energy Tour (Box Lunch will be provided)

2:00 Career Planning Theories

Job Service (LMI) resources to use in career decision making (online)  
*Case Study*

NDCRN resources to use in career decision making

5:00 Closing Remarks for the workshop day

Dinner on your own



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**Day 2**

7:30 Continental Breakfast

8:00 Opening Remarks/Military Careers and Opportunities

Guide to BLS Career Resources

*Case Study*

Guide to Job Service ND Career Resources (overall agency resources)

LED-TORQ-O\*

NDWIN

*Case Study*

11:15 STEM Speaker

11:45 Lunch on your own (Suggested – BSC Student Union Cafeteria or other nearby restaurant that would allow you to return and be seated in time for the 12:30 speaker)

12:30 STEM Speaker

1:00 NDWIN continued

*Case Study*

2:30 Closing Comments  
Evaluations & Reflection Assignments  
Certificates of Attendance